



Simple Swaps with B&M Waste Services

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An introduction to Simple Swaps

B&M Waste's Simple Swaps outlines some of the basic things we can all do to reduce unnecessary single use items, which we all know are extremely wasteful.

The Simple Swaps campaign aims to minimise waste output, through reducing unnecessary waste being produced by making some simple, daily swaps.

Following small Simple Swaps such as using LED lights and rechargeable batteries, are small changes that could make a big difference.

B&M Waste Services can support and guide you through your waste management strategy, to ensure that you are doing everything possible to reduce the waste in your business.



Waste reduction tips

We have a social responsibility to do as much as we can to eliminate unnecessary waste. Not only is it crucial for the sake of the environment to become more conscious of waste, it is also an extremely effective method of reducing costs in the long run, making it well worth considering some of the single-use swap alternatives and other waste reduction methods.

Waste reduction approaches may include:

- Using LED lights – LED lighting can be up to 80% more efficient than normal lights, with 95% of the energy converted to light
- Adopting a reusable coffee cups only policy
- Using tupperware for lunch to be brought in, to reduce foil and clingfilm waste
- Using rechargeable batteries to reduce the amount of hazardous waste the business produces

Waste re-use tips

There are many simple, yet effective, steps that we can take in order to minimise the amount of waste that we create.

We should look to replace our single-use products with longer lasting, but equally practical, alternatives – there are endless options we can pursue in order to do so. Here we have put together a brief guide to highlight some of the ways in which you can reduce waste, by simply re-using products.

Waste re-use approaches may include:

- Using a local milkman that uses washable and reusable milk bottles, and support a local business at the same time
- Purchasing refillable ink cartridges not only reduces the waste of empty containers, but is also a fantastic cost saving method!
- Using re-usable cutlery in staff canteens will reduce single use plastic waste
- Offering water filling stations and encouraging the use of re-useable water bottles





Speak to an expert

Now that you have gathered a better understanding of how you can make simple swaps in your workplace, speak to a company that can advise on an effective strategy for your waste needs.

At B&M Waste Services, we offer a FREE waste audit to any business looking to reduce their waste output. Through B&M Waste's Environmental Report, you will be able to see a breakdown of waste by materials, weight and customer site, over a period.

We can assist in assessing your waste strategy and helping you reduce, re-use, recycle and recover the energy from your waste, avoiding landfill.

Find out more by visiting our website:

www.bandmwaste.com or by calling: 0330 1234 100



Get in touch today

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